

## **WEARING MOUTH-NOSE COVERINGS AT THE UNIVERSITY OF GÖTTINGEN (not including UMG)**

These are also known as cloth or fabric face masks, protective face masks, mouth and nose protection or, in Germany, “community masks”.



Please wear a mouth-nose covering at work in places where you run the risk of being within the minimum distance of 1.5m from other people. You can use your own provisional fabric masks or the fabric masks provided by the University (“UMG Stoffmaske”)

UMG fabric masks and homemade masks are primarily used to protect others in case you are infected with the corona virus without symptoms. For your own protection, please continue to observe the hygiene and distancing rules (at least 1.5m distance, washing your hands properly, frequent ventilation, following guidelines for sneezing and coughing).

### **NOTES ON THE USE OF THE CLOTH MASKS**

- the mask can be reused if it is not wet. It should be changed or washed daily
- The mask should be removed in such a way to prevent contamination of the mask or face - it is best to touch nothing except the elastic at the sides
- after taking off the mask, it should be kept dry in the air (not in closed containers!) and stored temporarily if it is to be reused afterwards
- please make sure that you alone use "your" mask and that there is no confusion with the masks of others



In order to save resources, use disposable protective face masks (FFP masks) only after consultation with your faculty management and safety department or occupational health service, and only in situations where their use is required.

Plastic visors can be used in addition to the protective face mask, but under no circumstances can they replace it.

You have the option of washing the mask(s) at home. Please wash them at 60°C. Using alternative methods to disinfect them (eg microwaves, ovens etc) is NOT recommended.

Further information (in German) can be found at the UMG  
<https://www.umg.eu/corona-intern/mund-nasen-schutz/>

Is the UMG mask too small?

A video on the UMG website shows a way to wear the mask more comfortably

**PLEASE PAY CAREFUL ATTENTION TO THE HYGIENE AND DISTANCING GUIDELINES EVEN WHEN WEARING A MASK!**