CAREER COACHING AND MENTORING

ARE YOU

a female postdoc or in the final stage of your doctorate, searching for ways to strategically enhance your scientific career?

DO YOU WANT

to strengthen your academic key competences and to strategically plan your next career steps?

ARE YOU SEARCHING

for a more intensive exchange with other female scientists?

The Dorothea Schlözer Programme of the University of Göttingen offers two different tracks to promote these goals: Career Coaching and Mentoring.

Both programmes are connected by a shared pool of workshops and networking events, so you can choose the events and activities that are most applicable to you. In terms of the empowerment of women, the Dorothea Schlözer Programme is aimed at all female scientists and all people identifying themselves as such.

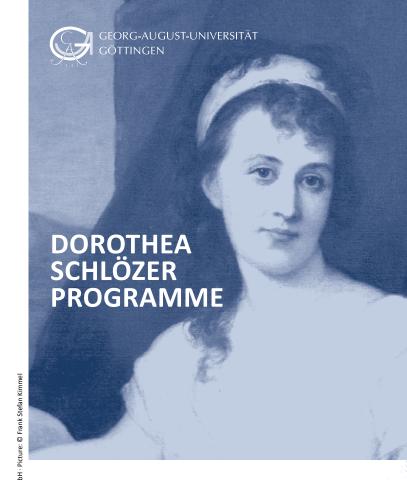
>>> NOT SURE,
WHICH IS THE
RIGHT PROGRAMME
FOR YOU? IN CASE
OF ANY QUESTIONS,
PLEASE GET IN
TOUCH!

DOROTHEA SCHLÖZER CAREER COACHING

Dr. Nina Härter
Stabsstelle Chancengleichheit und Diversität
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DOROTHEA SCHLÖZER MENTORING PROGRAMME

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CAREER COACHING AND MENTORING

OFFERS FOR FEMALE
POSTDOCS AND FINAL YEAR
DOCTORAL STUDENTS

CAREER COACHING

The Dorothea Schlözer Career Coaching is a series of various sessions with experienced external coaches. In an interdisciplinary group of up to six female postdocs, you can reflect upon your current position in your academic career and plan upcoming steps. The coaching process provides room to discuss your individual questions and to benefit from the experiences of your peers.

TARGET GROUP Female postdocs in any postdoctoral stage from all disciplines of Göttingen Campus

LANGUAGES English and German

PROGRAMME PERIOD 1 year

FOR SUCCESSFUL COMPLETION OF THE CAREER **COACHING SERIES, ACTIVE PARTICIPATION IN THE FOLLOWING EVENTS IS REQUIRED:**

- · joint opening event
- · kick-off and final workshop
- · regular coaching sessions in your group (English or German)
- · at least three specific workshops (topics can be freely selected)
- · closing event with presentation of the certificates

FOR FURTHER INFORMATION

www.uni-goettingen.de/ds-careercoaching

QUALIFICATION **WORKSHOPS AND NETWORKING EVENTS**

There are a range of qualification workshops and networking events that are open for participants in both programs. The career training opportunities are tailored to improve skill sets of early career researchers.

 c_{HOOSE}

ATLEAST 3 WORKSHOP

TOPICS!

AVAILABLE WORKSHOP TOPICS

- · Career planning
- · Research funding
- · Leadership skills
- · Application training for professorships
- · Self presentation

NETWORKING EVENTS

A very important aspect in academia and beyond is the ability to build strategic networks. Regular networking events will address further career relevant topics, e.g. work life balance.

CALL FOR APPLICATIONS for both programmes starts in November each year.

THE PROGRAMME STARTS in February of the following year. There is a participation fee to cover the costs for catering and material.

WE ARE LOOKING **FORWARD TO YOUR APPLICATION!**

MENTORING PROGRAMME

The Dorothea Schlözer Mentoring Programme focuses on a one-to-one mentoring relationship, combined with peer-coaching. Mentors are established professors or group leaders of the Göttingen Campus. They will share valuable knowledge and experience with you, and support you through your professional and personal decision-making processes.

TARGET GROUP Female postdocs in an early stage of their postdoc and final year doctoral candidates from all disciplines across Göttingen Campus

LANGUAGE English

PROGRAMME PERIOD 1 year

FOR SUCCESSFUL COMPLETION OF THE MENTORING PROGRAMME, ACTIVE PARTICIPATION IN THE **FOLLOWING EVENTS IS REQUIRED:**

- · joint opening event
- · kick-off and midterm review workshop
- · regular meetings with your mentor
- · regular meetings with your mentoring group (peer-coaching)
- · at least three specific workshops (topics can be freely selected)
- · closing event with presentation of the certificates

FOR FURTHER INFORMATION www.uni-goettingen.de/ds-mentoring