



Straight out! (Raus mit der Sprache!)

Training for Voice - Speech - Bodylanguage!

You are qualified and competent

- and your audience should hear it, see it and feel it

As has been proved it is, to almost 38%, alone the voice and manner of speaking that is accountable for how a speaker is heard. A further 55% is decided by the appearance and body language – and with only 7%, the content accounts for the smallest part.

Therefore, “how” we say something determines the first impact much more than “what” we say!

People with trained voices, elocution and good body awareness, lift themselves up from the masses and have a clear competitive advantage.

To leave the impression you wish - in customer pitch, meetings or presentation - **it is necessary to know how to perform professional and genuine.**

In this workshop you gain a good basic-knowledge about Voice - Speech - Bodylanguage, practice experiences and always individual feedback ,
- to feel more confident and safe in future challenging communication-situations.

Striking the right note in delivering an important message, depends decidedly on using the right “tone”.

Training Contents:

- Theory of your „instrument“
- What should I bear in mind in regard to breathing?
- How does professional speakers work? / speaking technique
- How to enlarge the volume of my voice?
- Dealing with stage-fright
- Clear attitude for clear messages
- Caring for your voice and relaxing it, to keep it healthy
- Body language / Presentation
- „staying cool“ in challenging speaking-situations
- How I can I develop charisma
- How can I fortify my content with a confident body language?

Methods:

- theoretical input, practical exercises, camera-feedback and always concrete individual feedback, to make the transfer into „real life“ possible

Goals:

Good breathing technique - Melodious voice - More voice power - Vivid and lively modulation - Authentic and effective body language - Strong presence / positive charisma